





WINTER BREAK ASSIGNMENT CLASS -2 THEME - HEALTHY LIFESTYLE

TO KEEP THE BODY IN GOOD HEALTH IS A DUTY, OTHERWISE WE SHALL NOT BE ABLE TO KEEP OUR MIND STRONG AND CLEAR!

ENGLISH-

- ·Make a spin wheel by showcasing the balance diet.
- ·How do you keep a healthy lifestyle?
- Project Assigned to Roll Nos. 14,7,10,13,16,19,22,25,28,31.



HINDI

- •विभिन्न खाद्य पदार्थों के नाम बताते हुए, आप अपनी थाली में कौन कौन से पौष्टिक खाद्य पदार्थ चाहते हैं? ऐसा एक मॉडल तैयार कीजिए।
- •पौष्टिक आहार का अपने शब्दों में वर्णन करो ।
- Project Assigned To Roll Nos.

2.5.8 1 1.14.17 ,20,23,26,29,32

Maths -

- Innovating with geometrical shapes .3 30 much fun to prepare some healthy snacks by using cucumber, carrots, tomatoes, onions, bread slices in different shapes like triangle, circle, rectangle & square and click the photos of your dish along with ingredients separately. Paste on the chart in a beautiful way.
- •How many calories should we take in a day?
- Project Assigned To Roll Nos. 3,6,9,12,15,18,21,24,

